Celebrating Classroom Parties

Our school Wellness Squad has come up with a list of healthy food choices for classroom parties!

- Fresh fruit assortment
- Fruit and cheese kabobs
- 100% Fruit Snacks
- Vegetable trays
- String cheese/ cheese cube
- Pretzels
- Low-fat popcorn
- Graham crackers
- Animals Crackers
- Angel Food Cake
- Apples with fat-free caramel dip
- Yogurt Parfaits (yogurt, berries, granola, layered)
- Yogurt Smoothies
- Quesadillas with salsa
- Low-fat granola bars
- Trail Mix
- Crackers with cheese

Let's replace those unhealthy cookies, brownies, and cakes with Super Power Treats. You have the Power to Stay Healthy!

Check out the Guin Foss Website for monthly healthy recipes!